

## Little Ones & Big Ones Classes



Our classes are designed using the EYFS Framework (Early Years Foundation Stage), to give an immersive experience through fun, learning and development for all children from 6 months to 7 years of age. Each class is planned and demonstrative, with early learning goals (ELG), objectives and outcomes to signify a mindful, educational experience for children.

**ELG 1 Listening and Attention** 

**ELG 2 Understanding** 

ELG 3 Speaking

ELG 4 Moving and Handling

ELG 6 Self Confidence and Self Awareness

ELG 7 Managing Feelings and Behaviour

**ELG 8 Making Relationships** 

ELG 12. Shape, Space and Measures

ELG 13. People and Communities

ELG 14. The World

ELG 16 Exploring and Using Media and Materials

ELG 17 Being Imaginative



## Tranquil Tots

Increasing physical self awareness and concentration, through utilising the body with fun yoga stretches that develop strength, control and stress release.



#### Cloud Fit

Cloud Twelve's fun and fit class, encourages physical development through imaginative play. This includes core physical skills and a range of movement excercises in each session, developing flexibility and physical confidence.



## Little Artists

Brush, paint, stick, create. Your childs first foray into artistic expression, helping them to find their unique artistic style. In our Little Artists Class we utilise the basic elements of colour, shapes, styles and texture, teaching the kids to combine all elements, until their very own creative signature is realised.



## Musical Cubs

Our introductory musical class for your babies and toddlers incorporates basic sensory elements and helps promote movement, through light musical play and active assisted dance.

# Little Explorers

Take a journey through our natural world and discover the secret lives of animals, the mystery of the oceans and the magic that lies atop of the highest peaks. This class is tailored to promote mindfulness in nature through a geographical perspective.





# Forest Fairytales

An immersive storytelling session that encourages your child to extend the range of their imagination through puppet and creative play, developing linguistic skills and excercising their emotional intelligence and creative thought.

#### Activate 5

A fun varied expedition of the senses. This class is welcome for a range of ages, giving everyone a chance to break out of their comfort zone and live in the moment. We incorporate five of our senses in order to be stimulated, providing a grounding experience for your child where they can engage with the environment more deeply and in turn sharpen their focus.

#### Little Chefs

An exploration into nutrition through the art of preparing healthy raw food and learning how each food type helps benefit our body and mind.



# Immersive Classes for 3 - 7 years

We encourage a variety of creative, fun and imaginative classes for children between the ages of 3 and 7 years. Each class is planned and demonstrative, with learning objectives and outcomes to signify a mindful experience for children.



### Cloud Twelve's Got Talent

An explorative session that allows the children the freedom to discover what makes them great and unique. This session helps them uncover what they are passionate about, by exploring a vast range of unique skills they may have, by helping them to develop and grow their confidence through discovery of their potential.

#### **ABC 123**

Introducing your child to number and letter recognition, developing phonetics and understanding the basic framework of numeracy.



# Boogie Bears

Within this session we focus on translating lyrics and rhythm into action, by building your child's confidence and listening skills with classic nursery rhymes and children's favorites. This encourages teamwork through equal timing and providing a healthy energy release in this class. The children are able to learn the joy of movement by developing their own musical rhythm through thematic actions to introduce their passion for future dance techniques by letting them explore a full body method of expression.



A class focused on introducing the joy of looking after their very own plant, through a fun, practical approach that gives the children a chance to get up close with the lifecycle of a plans and how they make home within our planet.



# The Creation Station

A more focused approach to creative techniques in art for the older developing child. Encouraging more complex skills, such as scissor control, correct and safe glue use and penmanship. It explores the other forms of art through sculpture, clay, cardboard etc, creating an awareness of sustainability through upcycling excercises and turning everyday objects into marvellous creations.



#### Little Einsteins

Explore the mechanics of how things work and dive into the science of our greatest discoveries, through learning about technology and the processes of nature, to have your deepest questions answered.

