



Cloud Twelve
NOTTING HILL CLUB

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Aesthetics & Anti-Ageing

Conditions | Ageing

Wrinkles | Treatment of choice: Anti-Wrinkle Injections

A life spent smiling, frowning, laughing or any other expression that allows the face to move will, over time, cause fine lines and wrinkles to appear. Muscles in the face which move repetitively, in particular around the eyes, mouth and forehead start to form lines and marks on the skin that we know as wrinkles.

Age of onset: From as early as 45

Tear Troughs or Dark Under Eye Circles | Treatment of choice: Low density Dermal Fillers (Juvederm Ultra 2)

As well as crow's feet, one of the markers of time around the eyes are tear troughs and dark circles. These typically appear under the eyes, presenting themselves as eye bags, dark circles and sunken, hollow skin below the eye which occur from dehydration, loss of volume and pigmentation.

Age of onset: Around 40

Alternative treatments: Prophilos

Turkey Neck | Treatment of choice: Prophilos or Dermal fillers (Restylane)

Usually occurring from age 60 and upwards, the unfortunately named 'Turkey Neck' happens when skin elasticity from the neck downwards is lost through weakening of the neck muscles, creating loose folds of skin. This condition is enhanced by teeth grinding or clenching and sadly is a marker of old age.

Age of onset: From any age depending on exposure to sunlight

Alternative treatments: Botox



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Jowling | Treatment of choice: Aqualyx, Belkyra, Kybella

Due to ageing, our skin loses its elasticity because of the loss of collagen production and sun damage. This manifests itself around the jawline in the form of jowls which is skin that sags below the line of the jaw and can drag down the features of your face including your mouth.

Age of onset: Around 50

Alternative treatments: Fillers

Nose to Mouth Lines | Treatment of choice: Low density dermal fillers (Juvederm and Restylane)

As we get older our facial muscles create folds and lines on our faces. The grooves that run from the nose down to the sides of our mouths, known as Nasolabial lines, become more pronounced as we age.

Age of onset: Around 40

Alternative treatments: Botox

Eyebrow Lift | Treatment of choice: Botox

With the passage of time, eyebrows can suffer from the pull of gravity. Soft tissue in the forehead begins to loosen with age resulting in the eyebrows to lower giving the face an ageing look or worn-out expression.

Age of onset: Around 40

Alternative treatments: Dermal Fillers (Juvederm and Restylane)

Reshaping the Mouth | Treatment of choice: Low density dermal filler

As we age, collagen production lessens in the dermal skin layer and combined with a lack of supporting elasticity, the corners of the mouth can be dragged down creating an unhappy or sad expression.

Age of onset: Around 50

Alternative treatments: Dermal Fillers



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Ear Lobe Treatment | Treatment of choice: Low density dermal fillers (Juvederm and Restylane)

Excessive sun damage in this sensitive area, age-related loosening of the skin and the use of substantial earrings can all contribute to sagging, stretching and damage of the ear lobe skin, which can be a self-conscious condition. Fillers can help plump the area, creating a smooth, rounded ear lobe.

Age of onset: Around 50

Hand Wrinkles | Treatment of choice: Low density dermal fillers (Juvederm, Restylane and Radiesse)

Our hands are often overlooked in beauty regimes and are also predominantly uncovered leading to exposure to sun, harsh environmental factors and everyday toxins. Along with ageing, skin can become overly dehydrated and affected by hyperpigmentation, seen in thin, dry skin, loss of volume and more visible veins.

Age of onset: Around 40 but earlier if sun damaged

Condition Area | Face

Gummy Smile | Treatment of choice: Botox

A gummy smile is when smiling, laughing or talking produces a large area of gum above the teeth and below the upper lip. This usually happens because the upper lip extends too far upwards due to overactive muscles or it may be that the upper lip is thin, therefore exposing more of the gum.

Non-Surgical Nose Job | Treatment of choice: Low density Dermal Fillers (Juvederm Ultra 2)

Using a non-surgical approach, the nose can be straightened through low density filler injectables. Focusing on lumps, bumps or hooks, the profile of the nose is smoothed and plumped from top, tip and base resulting in a streamlined look.



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Lip Enhancement | Treatment of choice: Dermal fillers with Lidocaine (Juvederm and Restylane)

Lips that are thin, asymmetrical or bumpy either from genetics, ageing or lack of collagen can be aligned and plumped with lip enhancement using fillers to create smooth, pillowy lips.

Condition Area | Chin & Jaw

Chin Augmentation | Treatment of choice: High density dermal fillers (Juvederm, Restylane and Radiesse)

Genetics might be the culprit of a weak chin but as our skin sags and loses volume with age, we also surrender definition around the chin and jawline. Improving, plumping and honing the chin strengthens the whole facial profile, allowing features to be balanced and in harmony.

No Jaw Line | Treatment of choice: High density dermal fillers (Juvederm or Restylane)

The jaw gives shape to the face, allowing other features like cheekbones and eyebrows to be distinguished, creating a symmetrical, proportioned face. Without a defined jaw line, the face lacks structure. Due to ageing and droopy skin, the jaw line can be blurred; dermal fillers can help reinstate a strong profile.

Double Chin | Treatment of choice: Aqualyx, Belkyra, Kybella

Loose pouches of fat can appear under the chin for a variety of reasons. Double chins occur through genetics, or it may be a sign of ageing skin which has lost elasticity due to lack of collagen.

Square Jaw or Masseter Enlargement | Treatment of choice: Botox

Some people are born with an over pronounced square jaw, or the condition can develop over time through excessive grinding of the teeth which in turn allows the Masseter muscle, which runs from the rear cheek to the lower jaw, to enlarge.



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Condition Area | Body

Bingo Wings | Treatment of choice: Aqualyx, Belkyra, Kybella

You don't have to be overweight to have bingo wings, which can be seen and felt under your bicep when your arm is outstretched. These stubborn pockets of loose skin and fat can occur at any age and can be difficult to get rid of. Fat dissolving injections will leave you with toned and taut upper arms.

Love Handles | Treatment of choice: Aqualyx, Belkyra, Kybella

You may be at your optimal weight but still have pouches of fat that are hard to lose. Love Handles are typically found above your hips on your lower back and are made up of excess fat. Removing the added fatty deposits on the side of your torso will give you a more streamlined, contoured look.

Excessive Sweating (hyperhidrosis) | Treatment of choice: Botox

Excessive sweating (hyperhidrosis) is a common condition where the body produces sweat when it doesn't need to. Not necessarily occurring through excess heat or exercise, it can cause anxiety and embarrassment. It affects armpits, hands, feet and groin.