

# IV Infusions at Cloud Twelve

Infusions are delivered by The IV Boost clinic, which is a medical clinic in Wimpole Street, London, founded by Dr. Joshua Berkowitz in 2005 and renowned for its IV therapies and highly trained nurses.

Relax at Cloud Twelve IV dedicate lounge, which offers a choice of VR goggles or LED mask during the treatment.

## MYERS COCKTAIL

**One treatment - £250 | Course of 3 - £675 | Course of 5 - £1000**

The original multivitamin IV therapy devised by renowned physician John Myers, this powerful infusion contains B vitamins, magnesium, calcium and vitamin C to give the ultimate health and wellbeing boost.

**Best for:** Fatigue • Exhaustion • Post-Operative Tiredness • Stress • Burnout

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

## IMMUNITY SUPPORT

**One treatment - £345 | Course of 3 - £828 | Course of 5 - £1380**

Stay fighting fit to fend off colds, flu and seasonal sickness with a strengthened immune system. Packed with B vitamins and vitamin C, minerals and anti-oxidants — zinc, selenium, glutamine, arginine and cystine — to boost your immunity, this treatment will help you fight against infection.

**Best for:** Lowered Immunity • Tiredness • Fatigue

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

**BOOSTER SHOTS** Vitamin B12 | Vitamin B Complex | Vitamin D - £50

## ULTIMATE DETOX

**One treatment - £195 | Course of 3 - £530 | Course of 5 - £780**

The ultimate kick-start to a detox or weight loss programme, this treatment will help cleanse your body from the inside out whilst delivering restorative nutrients of glutamine, ornithine and methionine to boost liver function and lift your energy levels, helping you exercise effectively.

**Best for:** Toxic Overload • Low Energy • Kick-Starting Weight Loss

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

## ENERGY BOOST

**One treatment - £345 | Course of 3 - £828 | Course of 5 - £1380**

Inject more energy into your body and restore vitality after illness or a stressful, tiring time with this cocktail of vitamins and amino acids including B vitamins, taurine, tyrosine and lysine. Also ideal to boost your energy ahead of an upcoming event, this infusion contains magnesium, helping to reduce fatigue, anxiety, and irritability, which are common symptoms of magnesium deficiency.

**Best for:** Low Energy • Jet Lag • Toxic Overload • Low Mood • Poor Concentration

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

## CHILL OUT AND RELAX

**One treatment - £345 | Course of 3 - £828 | Course of 5 - £1380**

When you need to rest and recharge, this treatment combines vitamins and minerals with high doses of B vitamins, magnesium and amino acids — glutamine, carnitine and ornithine — to boost cognitive function, reduce stress and restore mental balance.

**Best for:** Stress • Racing Mind • Tiredness • Fatigue

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

**ADD ONS** Glutathione 1g | Vitamin C 1g - £100

## ANTI-AGEING BOOST

**One treatment - £345 | Course of 3 - £828 | Course of 5 - £1380**

Tackle the signs of ageing at cellular level to restore your glow. Take powerful antioxidants — vitamin C, selenium, zinc, cystine, arginine, carnitine — straight to your cells to fight free radicals, boost collagen and elastin to restore your skin's plumpness and structure. Restore the glow with B vitamins - a must-have for healthy, radiant skin!

**Best for:** Signs of Ageing • Oxidative Stress • Loss of Skin Tone • Dull Complexion

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

## OPTIMUM PERFORMANCE

**One treatment - £195 | Course of 3 - £530 | Course of 5 - £780**

Whether you're a weekend warrior, a competitive athlete or training for a race, pushing your body will take its toll and can lower your immunity. With a trio of key energy-boosting amino acids, this treatment will support your training, boost performance and speed up recovery. Delivered directly to your cells, it acts fast.

**Best for:** Compromised Immune system • Pre-Event Tiredness • Post-Event Fatigue

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

## CURCUMIN INFLAMMATION FIGHTER

**One treatment - £250 | Course of 3 - £675 | Course of 5 - £1000**

Powered by curcumin, the main active ingredient in turmeric, this treatment has potent anti-inflammatory and anti-oxidant effects. Curcumin is also an effective immunity booster, as well as helping to ease skin conditions such as acne, rosacea, psoriasis and eczema and reduce flare-ups in autoimmune diseases like Crohn's and Rheumatoid Arthritis. And, no, it won't turn your skin yellow!

**Best for:** Inflammation • Red & Irritated skin • Autoimmune Disease Flare-Ups • Leaky Gut and IBS • Crohn's Disease • Rheumatoid Arthritis

**Average time:** 30 minutes    **Fluid:** 100ml

## OPTIMAL FERTILITY

**One treatment - £345 | Course of 3 - £828 | Course of 5 - £1380**

Boost your mitochondrial function and ensure good levels of nutrients vital for fertility including: folic acid, zinc, selenium, Vitamin B complex, beta carotene, L-carnitine and L-arginine. These nutrients promote healthy sperm and eggs quality, strengthen your immunity and ensure optimum cell function throughout your body — boosting your chances of conception. Recommended for you and your partner.

**Best for:** Low Fertility • Nutritional Deficiencies • Low Immunity • Mitochondrial dysfunction

**Average time:** 45 — 60 minutes    **Fluid:** 250ml

## MITOGIVE Glutathione 3g (includes Vitamin C)

**One treatment - £250 | Course of 3 - £675 | Course of 5 - £1000**

Glutathione is one of nature's most powerful antioxidants, reversing the damage that is caused by oxidative stress which builds up in the body as a result of the ageing process and environmental pollution. Delivered straight to your cells, it can help brighten and rejuvenate your skin from within.

**Best for:** Oxidative Stress • Cellular Damage • Weakened Immune System • Toxic Overload • Signs of Ageing

**Average time:** 30 — 45 minutes

**Fluid:** 100ml Glutathione, 100ml Vitamin C

## VITAMIN C BOOSTER

**One treatment - £150 | Course of 3 - £420 | Course of 5 - £600**

This powerful vitamin promotes growth, development and repair of your body's tissues. Not naturally made by the body, it is needed to form collagen, absorb iron, boost the immune system and maintain healthy cartilage, skin, bones and teeth.

**Best for:** Compromised Immune system • Pre-Event Tiredness • Post-Event Fatigue

**Average time:** 45 — 60 minutes    **Fluid:** 250ml