# All Day Breakfast

Served from 9 until close

#### **Baby Bircher**

3

Toasted oats soaked in their own milk with soya yoghurt, chia seeds, vanilla, maple syrup, kefir and choice of topping (GF)

Choose between Carrot Cake and Spiced Pear and Apple

#### Choco Banana Toast

Δ

2

3

Homemade nut free chocolate spread with chopped banana on sourdough toast

#### **Fruit Salad**

Freshly prepared. Puréed upon request (GF)

#### **Yoghurt Pots**

Coconut yoghurt topped with compote (GF)

# Bakery

Selection of freshly baked pastries and cakes available on the counter and please do ask if you would like some fresh bread or toast to go with your meal

# **Smoothie Bar**

All £3

Purple

Blueberry, Spinach and Banana

Green Banana, Blueberry and Kale

Oranae Carrot, Pineapple and Banana

Red

Strawberry, Coconut Milk and Banana



### **Cloud** Twelve NOTTING HILL CLUB

# Kids Menu

We want our parents, guardians and children to understand what they eat, why they eat and how they eat. Our menu helps to improve agility and concentration by reducing processed starchy and sugary foods and offering healthy alternatives to boost children's natural energies.

We promote a plant-based diet as it is the single biggest way to reduce our impact on planet Earth, not just greenhouse gases, but global acidification, eutrophication, land use and water use. Not to mention it's ability to drastically reduce risk of many life-threatening illnesses.

Both nutritious and delicious, our menu introduces a variety of flavours, textures and 'disguised' ingredients to develop the taste buds of little ones.

# Allergies

Everything on the menu is free from nuts. However, we cannot guarantee if ingredients have been produced in an environment where nut products are also produced. Gluten free where marked (GF)

Please speak to our staff about the ingredients in your meal, when making your order and make them aware of any allergies or dietary restrictions.

## **Faux Fish Fingers**

Delicious crunchy baked to

Mac and "Cheese"

Vegetable-based cheesy so

Slow Roasted Tomato

Penne pasta with a simple

**Dips and Sticks** 

Caramelised onion hommo

Root Mash

Highly nutritious mashed v

#### **Baby Broth**

A slightly chunky soup of v request (GF)

Sweet Potato Wedges



# Lunch

Served from 12 until close

	5
ofu sticks with homemade tartare	Э
	4.5
sauce with gluten free pasta (GF	)
Pasta	4.5
e tomato and onion sauce (GF)	
	4
ous with carrot sticks (GF)	
	3.5
veg for little nashers (GF)	
	4
vitamin rich vegetables. Puréed u	upon

3.5